

## **uSports COVID-19 Operational Protocol**

### **Christmas Holiday Camps 2020**

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## Introduction

This protocol sets out guidance for parents and staff during the Covid19 pandemic. It will apply for the Christmas Holiday period.

We aim to provide a fun and safe environment to provide children with an opportunity to have a positive experience of sport during this time and to rebuild any confidence which may have been affected by events this year. We hope to provide a little normality in this unusual time but please be aware that our camps will be different to those provided previously.

This operational protocol should be read to inform everyone how the camps will operate over the half term. Running a holiday camp during an on-going pandemic is complex. We cannot eliminate risk entirely, but we are making every effort to make it as low as reasonably possible in the circumstances. The camp provision may also change as we gain experience in managing the risk in these unprecedented circumstances or if government recommendations are updated. Parents and guardians should remain alert to communications from uSports about any changes. All government guidance on Covid19 has been considered in the writing of this document as well as FA guidance.

The main guidance used can be seen via the link below:

<https://www.gov.uk/government/publications/protective-measures-for-holiday-or-after-school-clubs-and-other-out-of-school-settings-for-children-during-the-coronavirus-covid-19-outbreak/protective-measures-for-out-of-school-settings-during-the-coronavirus-covid-19-outbreak#consider-group>

<http://www.thefa.com/news/2020/jul/17/grassroots-guidance-for-competitive-football-restart-in-england-170720>

## Groupings

Following government recommendations in the above referenced document, we will keep group numbers to a maximum of 15 children. While the FA guidelines regarding competitive matches refers to groups of 30 children, as we are still primarily running as a holiday camp we will be continuing to follow the government guidelines of 15 children maximum. These children will remain in consistent groups by committing to joining one group throughout the summer holidays. You will be able to book any days you wish to attend and do not have to book for full weeks. You will not be able to book a child onto different groups either within the same week or for subsequent weeks. I.e., if your child is booked into Group 1 for Week 1, they must book onto Group 1 for any additional weeks which you would like them to attend.

There will be no more than 3 groups of 15 children attending a camp at any one time.

There will be a maximum of two members of staff assigned to each group. Staff will be allocated to one group and will lead that group throughout the week. In the case of staff sickness or absence, not due to COVID-19, uSports will arrange for an alternative member of staff to support the group.

Groups will be merged only in emergency situations where it is unsafe to keep the groups separated to allow staff to deal with a situation safely.

Groups are as follows, specific timings can be found in arrival and departure arrangements.

#### Woodley:

**GROUP 1 – Year 1-3**

Children aged between 5-8 years old.

**GROUP 2 – Year 4-6**

Children aged between 8-11 years old.

**GROUP 3 – Year 4-6**

Children aged between 8-11 years old.

Groups 2 & 3 are both for the same age group due to uptake for the older group sessions. These groups will run separately to each other so if you wish your child to attend with a peer please book them onto the same group as each other.

## Siblings

If you have multiple children who you wish to book onto the camp, they will all need to join the same group. If they are not within the same age group according to our groups, you will need to contact the uSports office to discuss the most appropriate group for your children to all join.

## Venue

Our camp will be running at the following venue:

Woodford Park Leisure Centre using the 3G pitches. RG5 4LY

uSports will have sole use of the allocated area and no external parties will be using the facility. There will be access to indoor space throughout the camp in the case of very bad weather conditions and for toilets. We will be planning for children to remain outdoors regardless of the weather unless it is exceptionally poor weather conditions. We will therefore be providing gazebos allocated to each group for shelter from rain and sun.

## Bad Weather Arrangements

Due to minimal indoor space, we will utilise the gazebos for a break from bad weather. There will be a small indoor space available which groups can go to in turn for a weather break. We will continue to run our camps in all weather unless it is deemed unsafe, such as in the case of a storm. If the weather is particularly bad on any day and you choose not to attend while the camp is still running, we may be able to offer credit for days not attended at the discretion of the uSports director. This credit will be able to be used against any future uSports bookings. We will not be able to offer direct refunds for non-attendance due to bad weather.

## COVID-19 Symptoms and Testing

If an individual involved in the uSports camps, staff or children, show COVID-19 symptoms the following procedures will take place.

The most common symptoms of coronavirus (COVID-19) are recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

### Child or Staff Member Showing COVID-19 Symptoms While at a Camp

This procedure has been taking directly from the government advice referred to in this document.

- When a child, young person or staff member develops symptoms compatible with coronavirus (COVID-19), they should be sent home and advised to self-isolate for 7 days and arrange to have a test to see if they have coronavirus COVID-19. They can do this by visiting [NHS.UK](https://www.nhs.uk) to arrange or contact NHS 119 via telephone if they do not have internet access. Their fellow household members should self-isolate for 14 days.
- Where the child, young person or staff member tests negative, they can return to the setting and the fellow household members can end their self-isolation.
- If the child, young person or staff member tests negative but is unwell, they should not return to that setting until they are recovered.
- Where the child, young person or staff member tests positive, NHS Test and Trace will speak directly to those they have been in contact with to offer advice. This advice may be that the rest of their class or group within the setting should be sent home and advised to self-isolate for 14 days.
- As part of the national test and trace programme, if other cases are detected within the class or group or in the wider setting, Public Health England's local health protection teams will conduct a rapid investigation and will advise on the most appropriate action to take. In some cases, a larger number of other children and young people may be asked to self-isolate at home as a precautionary measure – perhaps the whole class, group or site. Where settings are observing guidance on infection prevention and control, which will reduce risk of transmission, closure of the whole setting will not generally be necessary.

### Child or Staff Member Showing COVID-19 Symptoms while at home

If symptoms are developed while at home, the above process for Child or Staff Member Showing COVID-19 Symptoms While at a Camp with the following adjustment:

- Parents and guardians or the staff member must contact uSports to inform them that an individual who has attended the camp is showing symptoms.
- The child or staff member must not attend the camp if they have begun to show symptoms.
- They must then follow the same procedure as set out above under Child or Staff Member Showing COVID-19 Symptoms While at a Camp.

## Arrival and Departure Arrangements

So that we can ensure that all groups remain apart throughout the day, and to prevent large groups of people congregating, we will be having staggered start and finish times. You will need to make sure that you arrive punctually for drop off and pick up times so as to allow other parents and guardians to collect children from other groups safely. If you are late or early you may be asked to wait to drop off children until other groups have completed their drop off/pick up slot time.

Drop off and pick up times are as follows:

### Woodley

#### **Group 1 – Year 1-3**

Drop Off: 9.15am – 9.30am

Pick Up: 3.15pm – 3.30pm

#### **Group 2 – Year 4-6**

Drop Off: 9am – 9.15am

Pick Up: 3pm – 3.15pm

#### **Group 3 – Year 4-6**

Drop Off: 8.45am – 9am

Pick Up: 2.45pm – 3pm

## Football Plus

We will be offering the camp as a 'Football Plus' camp. The camp will primarily be focused on football skills and activities. However, due to social distancing restrictions we will also be offering a range of other sports and activities which comply with social distancing regulations. There will be matches held during the day which will not need to adhere to social distancing guidelines, as set out in the FA guidance.

## PPE

The previously mentioned government guidance on camps such as ours states:

“The majority of staff in OOSS will not require PPE beyond what they would normally need for their work. PPE is only needed in a very small number of cases:

- children, young people and learners whose care routinely already involves the use of PPE due to their intimate care needs should continue to receive their care in the same way
- PPE should be worn if a distance of 2 metres cannot be maintained from any child, young person or other learner displaying coronavirus (COVID-19) symptoms”

Therefore, our coaches will not be required to wear PPE unless there is a case of a child displaying COVID-19 symptoms whom they are unable to stay 2 metres apart from.

## Hand Washing and Hygiene

We will be encouraging good respiratory hygiene throughout the day following the 'Catch It, Bin It, Kill It' approach as well as providing frequent opportunities for hand washing.

Children and staff are asked to wash their hands before arriving at the camp and when they return home. We will also take children to the toilets before eating and regularly throughout the day for toilet breaks where they will be asked to wash hands. We will also have hand sanitiser for each group to use.

## Cleaning and Use of Equipment

Equipment will be allocated to specific groups to prevent any cross-contamination. Where it is not possible for each group to have their own designated set of equipment, this equipment will be cleaned prior to use by another group. We will prioritise activities which involve easy to clean equipment.

## Social Distancing

Groups will be expected to maintain social distancing throughout the day according to the 1m+ guidelines except for when children are playing a football match. There will be no more than three groups present at any one time. Different groups will be kept a minimum of 2m apart. Each group will have their own assigned portable toilet, space on the 3G and their own gazebos for cover. If children need support with shoelaces or first aid, coaches may be within 1 metre, but this will not be for a period of longer than 15 minutes. According to the government guidelines referred to in this document there is no requirement for coaches to wear PPE in this scenario. Where possible, children will be asked to complete close contact tasks themselves before a coach supports them.

Our camps will take place primarily outdoors. The risk of transmission is reduced considerably when outdoors.

If our coaches deem any children unable to safely follow the social distancing guidelines in place, or are not following the general rules on hygiene, we reserve the right to terminate their space on the camp. Parents or guardians will need to be available to collect children who are not able to safely attend the camp.

## Toileting

We are unable to assist with any toileting support for children attending the camp. We ask that all children who attend the camp are able to independently take themselves to the toilet and take care of their own hygiene needs.

We will be using the toilet facilities inside Woodford Park Leisure Centre and they will be cleaned regularly under the authority of the leisure centre.

## First Aid

All uSports coaches are First Aid qualified. Each group will therefore have their own individual staff members who can administer first aid so there will be no requirement for first aiders to move between groups unless there is an emergency.

Children will be encouraged to carry out their own first aid where required such as applying plasters or ice packs under supervision of a trained coach. If it is not possible for the child to administer their own first aid the coach will then support.

## Fire Evacuation

Children will be escorted to leave the 3G in the case of a fire alarm and will meet on the field. Coaches will attempt to keep the groups separate wherever possible unless groups are required to merge for safety reasons.

## Staff

Staff will remain with their assigned group throughout the day. Staff will keep a social distance of 1m+ from children within their group, unless they are supporting with First Aid or other tasks such as tying shoelaces as referred to in the Social Distancing section of this protocol. All staff will have read and agreed to this document and have received training on how to safely lead a group according to this protocol.